

**DEPARTMENT OF HOME SCIENCE**

*WHEN "I" IS REPLACED BY "WE", EVEN ILLNESS BECOMES WELLNESS*

**REPORT FOR THE ACADEMIC YEAR 2019-2020**

The academic year 2019-2020 commenced for the faculty on 6<sup>th</sup> June 2019. Classes commenced for the II and III year students from 11<sup>th</sup> June 2019. First year students joined college on 24<sup>th</sup> June 2019. Various activities taken up by the Home Science department are projected as follows.

**EXTRA CURRICULAR ACTIVITIES**

**1. NUTRITION WEEK CELEBRATIONS**

- ✚ National Nutrition week was celebrated from September 1<sup>st</sup> to 7<sup>th</sup>, 2019. Inaugural function was organized on 3<sup>rd</sup> September in the auditorium at 9.00am. Students created awareness on Importance of balanced diet among the adolescents in the form of Skit.
- ✚ On 4<sup>th</sup> September 2019 group discussion was organized by PG Nutrition students on the topic Natural foods and processed foods.
- ✚ On 7<sup>th</sup> August 2019 valedictory function was organized at, Mandal Upper Primary School at Kandrikagudem. Students got an opportunity to interact with adolescent girls and boys. These programmes were organized by Home

Science and PG Clinical Nutrition departments in Collaboration with Lions Club of Helapuri. Lions Club members distributed peanut chikki for adolescent girls.

## **2. CAMPUS EXTENTION:**

III B.Sc.,Home Science students presented a Knowledge Extension Programme on 1<sup>st</sup> August, 2019 on the topic “**LIQUID GOLD**” under the guidance of ward tutor, Mrs. P. S. Bhanu Prasanna Lecturer, Dept. of Home Science. Students explained about the importance of Breast Feeding, Advantages of Breast Feeding to Mother and Infant, Immunological, Psychological and Physiological factors, Disadvantages of Prelacteal Foods and Bottle Feeding etc., Students used various methods like Skit, Videos and Power-point presentation to express the importance of the Breast Feeding.

## **3. EXHIBITION:**

On 20<sup>th</sup>, 21<sup>st</sup> and 23<sup>rd</sup> September 2019, the Department of Home Science exhibited articles prepared by the I B.Sc Home Science students during their workshop.

Principal Sister Dr.Sr.Marietta D’Mello, Vice Principal& PG Director Dr.Sr.Showrilu, Sr.Inyasiaamma, Administrative Officer and staff members of other departments visited the exhibition and appreciated the students. Students of other departments also visited.

## **4. ORIENTATION PROGRAM TO INTERMEDIATE STUDENTS**

On 25<sup>th</sup> January 2020, students from St.Theresa’s inter campus visited Department of Home Science as a part of Oriented Program which was instructed by RJD \*\*\*\*\*

## **AKARSH CLUB ACTIVITIES**

### **AKARSH CLUB OF HOMESCIENCE**

Home Science club resumed its activities on 15<sup>th</sup> July, 2019. Club elections were conducted to elect the leaders for the portfolios of Vice President, Secretary and Joint Secretary. Dr. M. Padmaja was given charge as President of Akarsh club for this year. Elected members were B. Suneela of III B. Sc. H.Sc as Vice President, M.Anusha of II B.Sc H. Sc as Secretary, S. Swathi of I B. Sc H. Sc as Joint Secretary.

### **CLUB INAUGURATION**

The Akarsh club inaugural was held on August 1<sup>st</sup>, 2019. Elected leaders were inducted on the Inaugural day. All the members of Home Science Club were divided into 10 batches and were named with Inspirational Women Achievers. The Chief Guest of the programme is Dr. N. Nagavardhanam, Rtd. HOD, Dept. of Botany, Ch. S. D. St. Theresa's College for Women, Eluru. Dr. Sr. Marietta D'Mello, the Principal of the college graced the occasion with her presence. In that event, Miss Home Science Contest was also conducted, which was the most interesting part of the Home Science Club.

### **EARN WHILE YOU LEARN**

- In the month of May, 2019 our II B.Sc H. Sc student B. Kiranmayi has earned Rs.2700/- by embellishing sarees with Screen Printing and by preparing greeting cards.

## GUEST LECTURES AND DEMONSTRATIONS

### DEMONSTRATION ON “PENCIL SKETCHING”

Akarsh club members got an opportunity to meet **Mrs. G.Akhila, Alumnae of the College, Resident of Singapore** who is conducting classes of fine arts there. Her visit was utilized by organizing a demonstration on pencil sketching and her canvas paintings were displayed to motivate students on 23<sup>rd</sup> September, 2019.

### DEMONSTRATION ON SOFT TOY

On 10<sup>th</sup> January Home Science students observed preparation of soft toy (Panda). The resource Person was Ms.B.Radhika, Lecture in Community College, Ch.S.D.St.Theresa’s College for Women (A), Eluru.

### GUEST LECTURE ON WOMEN ENTREPRENEURSHIP

On 5<sup>th</sup> November, 2019 Mrs.Kiranmayi, Women Entrepreneur, gave a talk to Home Science students and created awareness on “Women Entrepreneurship”. She explained about the opportunities provided by the Government for encouraging new entrepreneurs. She motivated them to start Small Scale Industries and instructed them to be self-sufficient financially. She has 30 Printing units all over AP and Telangana.

On 5<sup>th</sup> November, 2019 Home Science students attended Guest Lecture on the topic “Entrepreneurship” by Mrs.P.Shoba Rani, Program Co-coordinator of ALEAP from Vijayawada. She explained about Centre for Entrepreneurship Development (CED), A Nodal Training Institute for ACABC Scheme of MANAGE, Training Facility supported by SWARNABHARAT TRUST, Vijayawada Chapter. CED conducts EDP, FDP, PMEGP, WEDO, EAC, TOT,

Agri Clinic and Agri Business Development Programmes. CED provides follow up services after the training programmes.

#### **DEMONSTRATION ON BAKERY PRODUCTS**

On 20<sup>th</sup> November II and III B.Sc Home Science along with PG.Clinical Nutrition students observed preparation of bakery products like biscuits and cakes. The resource Person was Mr.Davud from Davud Bakery, Eluru.

#### **DEMONSTRATION ON SCREEN PRINTING**

Ms. B. Kiranmaye of II B.Sc. Home Science demonstrated Screen Printing to I B.Sc. Home Science students on 15<sup>th</sup> February 2020.

#### **SEMI-CHRISTMAS CELEBRATIONS**

Semi-Christmas was celebrated on 21<sup>st</sup> December, 2019 in Akarsh Club (Department of Home Science). The colorful day was made memorable with cultural programmes like skit on “Birth of Jesus”, dances and Carols.

#### **PONGAL CELEBRATIONS**

Pongal was celebrated on 3<sup>rd</sup> and 4<sup>th</sup> January, 2020 in Akarsh Club (Department of Home Science). I B. Sc Home Science Students celebrated by putting beautiful Rangoli Designs and III B. Sc Home Science Students has done Pongal Decoration.

#### **AKARSH CLUB VALEDICTORY**

The Department of Home Science celebrated the Valedictory of “Akarsh Club” on 22<sup>nd</sup> February, 2020. The Chief Guest of the program was Dr.Sr.Marietta D’Mello. The student representatives of club groups laid down their office. The colorful day was made memorable with cultural programs performed by the students.

## EXTENSION ACTIVITIES

### 1. BREAST FEEDING WEEK:

- ✚ III B.Sc., Home Science students presented a programme on 1<sup>st</sup>, August, 2019 on the topic “**LIQUID GOLD**”. Students explained about the importance of Breast Feeding, Advantages of Breast Feeding to mother and Infant, Immunological, psychological and Physiological factors, Disadvantages of Prolactal foods and bottle feeding etc.,. Students used various methods like Skit, Videos and Power-point Presentation to express the importance of the Breast Feeding.
- ✚ III B.Sc. H.Sc students were given an experience of organizing ‘**Nutri-Eatery**’ low cost and nutritious recipe preparation on 3<sup>rd</sup> August, 2019. The students were encouraged to prepare 10 different items and were able to gain marketing skills and quantity cooking. The experience makes them to learn techniques of doing business to empower themselves. And it is also an activity undertaken as part of Breast Feeding Week celebrations.
- ✚ II B.Sc H.Sc students visited Anganwadi centre, located at Sri Ram Nagar Road, Eluru on 7<sup>th</sup> August, 2019. Students came to know about the ongoing programmes of Women and Child Welfare Department from the Anganwadi Instructor. They even came to know about the immunization schedule which is being practiced in the recent years for infants.

## STAFF WISE RESULT ANALYSIS

Average percentage of pass October 2019 is found to be increased by 1.2% in comparison with March 2019 result. We hope to achieve better in the forth coming examinations.

March 2019		October 2019	
Faculty	% Pass	Faculty	% Pass
KVP	97.5	KVP	95.41
KR	92.6	KR	95.96
MP	90.4	MP	94.3
PSB	97.2	PSB	96.8
<b>HOMESCIENCE AGGREGATE</b>	<b>94.4</b>	<b>HOMESCIENCE AGGREGATE</b>	<b>95.61</b>

## MEDALS, AWARDS, PROFICIENCY PRIZES

**MEDALS: Two students of 2016 – 2019 batch received gold and silver medals**

S.NO	NAME OF THE STUDENT	CLASS	MEDAL
1	G. Jyosthna	B.Sc Homescience	Gold medal
2	V. Komali	B.Sc Homescience	Silver medal

**COLLEGE AWARDS:**

<b>S.NO</b>	<b>NAME OF THE STUDENT</b>	<b>CLASS</b>	<b>AWARD</b>
1	K.Reshma Priya	III B.Sc Homescience	Smt.Sarada Ratnam Memorial Rolling cup for creativity in practical skills
2	B.Suneela	III B.Sc Homescience	Mrs.Nageswari Bhaskaran Rolling Shield for the best outgoing Home Science student.
3	Kritika Jain	III B.Sc Homescience	Dr.Sr.Placida award for the best student of Home Science in various activities
4	Kritika Jain	III B.Sc Homescience	Sri Kosaraju Ramakoteswara Rao memorial award for highest marks in Home science

**PROFICIENCY PRIZES: Three students received proficiency prizes.**

<b>S.NO</b>	<b>NAME OF THE STUDENT</b>	<b>CLASS</b>	<b>PROFICIENCY PRIZE</b>
1	Kritika Jain	III B.Sc Homescience	FIRST
2	K.Reshma Priya	III B.Sc Homescience	SECOND
3	K. Deepika	III B.Sc Homescience	THIRD



## Achievements /Participation of Students at College/State Level

- ✚ Kritika Jain of III B.Sc. Home Science was elected as College U.G Union Vice President.
- ✚ B.Kiranmayi of II B.Sc. Home Science was elected as College U.G Union Library Secretary.
- ✚ G.Padmaja of II. B.Sc Home Science participated in an essay writing competition and won III prize on the topic –“Integrity-Definition and Importance” conducted by Andhra Bank.
- ✚ S.Lahari of II. B.Sc Home Science participated in an elocution competition on the topic-“Integrity the way of life” which was conducted by LIC.
- ✚ On 8<sup>th</sup> November 25, 2019, U.N.B.Sailaja, A.Priyanka, Ch.Suma Srivalli of I.B.Sc Home Science participated in group singing at Gurajada Uthsavalu and won II prize.
- ✚ On 16<sup>th</sup> November, 2019 B.Kiranmayi of II B.Sc H.Sc participated in district level youth services in MOCK parliament organized by SETWELL.
- ✚ On 17<sup>th</sup> & 18<sup>th</sup> November 2019, A.Priyanka of I.B.Sc H.Sc participated in Chess Competition and won third prize organized by Adikavi Nannaya University meeting cum selections, held at Aditya Degree College for Women, Kakinada.
- ✚ On 14<sup>th</sup> November, 2019 the students of III B.Sc Home Science attended a guest lecture on the topic “Personal Hygiene-Hand wash practices”. The resource person of the program was Mrs.D.Rose Mary, District Nursing Officer, District Medical and Health Office (DMHO).
- ✚ Home Science students organized Mehandi and Temporary tattoo stall in mission fete. Students were very much interested to have temporary tattoo in

different styles. They were given chance to select their own design and the same was depicted on their forearm. It was very successful stall of mission fete and highly remunerative.

- ✚ Kritika Jain of III B.Sc. Home Science participated in Lambadi folk dance in Youth Festival Cultural Competitions organized by Sir.C.R.R.College, Eluru on 6<sup>th</sup> December, 2019.
- ✚ Kritika Jain of III B.Sc. Home Science participated and won I Prize in Lambadi folk dance in EDU-POWWOW 2019 Competitions organized by Dr.C.S.N Degree and Pg College, Bhimavaram on 20<sup>th</sup> December, 2019.
- ✚ J.Pavana Sai and B.Kiranmayi of II B.Sc. Home Science participated in “MeHandi” Academia Competition conducted by Department of Home Science at College level and won I and III Prizes respectively.
- ✚ M.Amreen, K.Reshma priya, I.Likhitha sai of III B.Sc. Home Science participated in “Wealth from Waste” Academia Competition conducted by Department of Social Sciences at College level.
- ✚ M.Amreen, K.Reshma priya of III B.Sc. Home Science participated in “Wealth from Waste” Academia Competition conducted by Department of Social Sciences at College level and won I and II Prizes respectively.
- ✚ B.Kiranmayi, K.Yoshita, B.Uhsa Rani, B.Navya Sudha, G.Prathyusha, K.Ganga Parameswari, G,Padmaja of II B.Sc Home Science Participated in NSS Camp by Creating awareness on Kishori Vikasam in 10 different colleges and schools along with three adopted villages from 24<sup>th</sup> to 30<sup>th</sup> January 2020.
- ✚ S.S.L.S.N.Lahari of II B.Sc Home Science participated and won III prize in Elocution competition on the topic “Disha Act” organized by Women Cell on 15<sup>th</sup> February 2020.

- ✚ S.Prasanna Lakshmi of I.B.Sc Home Science participated in Food without Fire organized by Applied Sciences Department as a part of Nutrition Week Celebrations in the month of September, 2019.
- ✚ Ch.Saraswathi of I B.Sc Home Science participated and won III prize in Elocution competition on the topic “Google or Guru” organized by English Department in the month of August, 2019.
- ✚ A.Priyanka of I B.Sc. Home Science participated and won I prize in group folk dance in Youth Festival Cultural Competitions organized by Dr.C.S.N Degree and Pg College, Bhimavaram on 19<sup>th</sup> December, 2019.
- ✚ I.Likitha Sai of III B.Sc Home Science participated and won I Prize in Flower Carpet competition organized by Botany Department as a part of Botany Week Celebrations.
- ✚ Kritika Jain of III B.Sc. Home Science participated and presented poster on the topic “Women Empowerment” in Thailand in the month of November, 2019.
- ✚ Ch.Lakshmi Priya, J.Joyce, T.Sahitya, Ch.Suma, K.P.Gayathri, B.Bhavishya, M.Divya, K.Chandana of I B.Sc Home Science participated in Spell-B competition organized by Department of English on 15<sup>th</sup> February, 2020.
- ✚ J.Joyce of I B.Sc Home Science won II Prize in Spell-B competition organized by Department of English on 15<sup>th</sup> February, 2020.
- ✚ M.Anusha, M.Suguna, Ch.J.Lahari, P. Bhavana, S.S.L.S.N.Lahari, P.Dhanya Deepika, N.Pratyusha of II B.Sc Home Science visited different places like stabilizer unit, Beehive unit of Agriculture and horticulture research section, Vipasana Meditation Centre at Vijayarai organized by Centre for Women Studies on 17<sup>th</sup> February, 2020.

- ✚ B.Kiranmayi, K.Yoshita, B.Navya Sudha, G.Prathyusha, K.Ganga Parameswari, G.Padmaja of II B.Sc Home Science visited Police grounds for attending a guest lecture on “Defense Mechanism” organized by NSS on 18<sup>th</sup> February 2020.
- ✚ P. Dhanya deepika of II B.Sc H.Sc served as a leader of a student group named as Durga Bhai Deshmukh, one of the groups in Centre for Women Studies.

## **ASSIGNMENTS**

Home science students during their course pattern in each semester do assignment in for each subject. Written assignment and seminar presentation/productive work which is skill oriented to fetch entrepreneurial abilities is assigned. List of assignment topics are enclosed in the file.

## **INTERNSHIPS**

- The students of III B. Sc Home Science attended internships in various hospitals in the month of May. They have done internships in various hospitals like:
  - ✚ KIMS Hospital-Hyderabad,
  - ✚ Capital Hospital-Vijayawada,
  - ✚ ASRAM Hospital-Eluru,
  - ✚ Ramesh Hospital-Guntur and
  - ✚ The District Government General Hospital-Eluru.

The purpose of the Internships is to gain practical knowledge in suggesting therapeutic diets.

- The students of II B. Sc Home Science participated in an internship as a Credit Transfer Programme on “Vocational Training Programme on Food Processing and Preservation” in Krishi Vignan Kendra (KVK) Venkataramannagudem. The duration of the programme is from 4<sup>th</sup> April, 2019 to 18<sup>th</sup> April, 2019. They gain extra credits by doing this internship.

## **SEMINARS /WORKSHOPS ORGANISED**

### **1. WORK SHOP IN PAINTING SKILLS**

Orientation talk was given by the resource person, Mrs. I. Aruna on various painting skills and products were shown to the students on 11<sup>th</sup> July, 2019. Department of Home Science organized a workshop on painting skills from 19<sup>th</sup> to 21<sup>st</sup> August, 2019 for the first year Home Science students by Mrs. I. Aruna Kumari, Pidilite Industries, Mumbai.

On the first day, Pot Painting, Mural and Varli painting techniques were demonstrated. On 20<sup>th</sup> August, 2019, Glass Painting Techniques, Tie and Dye techniques, Lippon Work were demonstrated. On third day Kalamkari Art, Liquid Embroidery, One Stroke Painting were demonstrated. Home science students had an opportunity of learning various painting skills through the workshop.

## SEMINARS ATTENDED

1. Dr.K.V.Padmavathi, Dr.K.Rani, Dr.M.Padmaja, Mrs.P.S.Bhanu Prasanna , Ms.T.Jhansi Lakshmi, Ms.G.Fathima attended **“Faculty Development Programme”** on OER E-Content Development Program MOOCS and MOODLE workshop organizes by Ch.S.D.St.Theresa’s College for Women(A) from- 25<sup>th</sup> to 30<sup>th</sup>, March, 2019.
2. Dr.K.V.Padmavathi, Dr.K.Rani, Dr.M.Padmaja attended **“Transformation of Public Health and Community Responsibility”**- 8<sup>th</sup> &9<sup>th</sup>, August, 2019 organized by Dept. of Zoology.
3. Dr. K.V.Padmavathi, Dr.K.Rani, Dr.M.Padmaja attended National Workshop on **“Contemporary Nano : Synthesis, Characterization and Applications”** on 22<sup>nd</sup> August,2019 organized by department of chemistry.
4. Dr. K.V.Padmavathi, Dr.K.Rani, Dr.M.Padmaja attended **“Recent Trends in Physics, Chemistry and Allied Sciences”** on 27<sup>th</sup> and 29<sup>th</sup> September, 2019 organized by Dept. of Physics and Chemistry.
5. Dr. K.V.Padmavathi attended **“Overseas 7 Day Faculty Development Programme”** on **Innovative Teaching Learning Methodologies”** Organized by IMRF Institute of Higher Education & Research Thai Chapter, in association with IIM Australia at Bangkok, Thailand on November 14<sup>th</sup> and 20<sup>th</sup> 2019.
6. Dr.K.V.Padmavathi, Dr.K.Rani, Dr.M.Padmaja attended International Conference on **“Impact of Gandhian Ideals on Socio-Economic, Cultural and Literary Aspects”** on November 29<sup>th</sup> and 30<sup>th</sup> 2019.
7. Dr.K.V.Padmavathi, Dr.K.Rani, Dr.M.Padmaja attended **“Recent trends in functional foods in the context of health and technology”** organized by

Department of Applied Bio-science on 6<sup>th</sup> and 7<sup>th</sup> December 2019 at Ch.S.D.St.Theresa's College for Women (A), Eluru.

8. Dr. K.V.Padmavathi and Dr.M.Padmaja attended ICSSR-SRC Sponsored two day National Seminar on “**Women: The Key to Ensure Food Security**” organized by Women Empowerment Cell (Under UGC-Women Studies Centre) K.B.N.College, Vijayawada on 27<sup>th</sup> and 28<sup>th</sup> December, 2019.
9. Dr.K.Rani, Dr.M.Padmaja, Mrs.P.S.Bhanu Prasanna, Ms.T.Jhansi Lakshmi attended “**International Conference on Latest Research in Global Warming, Climate Change, Agriculture and Life Sciences Malaysia 2020**” at university of Malaya, Kuala Lumpur on 9<sup>th</sup> and 10<sup>th</sup> January 2020.
10. Dr.K.Rani, Dr.M.Padmaja, Mrs.P.S.Bhanu Prasanna , Ms.T.Jhansi Lakshmi, attended “**Overseas 4 Day Faculty Development Programme**” on “**Learning effective instructional strategies**” held during 8<sup>th</sup> to 11<sup>th</sup> January 2020, organized by IMRF Institute of higher education and Research Malaysia Chapter in association with DRPF, Ministry of education Macedonia at Kuala Lumpur, Malaysia.
11. Dr. K.V.Padmavathi, Dr.K.Rani, Dr.M.Padmaja, Mrs.P.S.Bhanu Prasanna attended national Seminar on “**Modern tools in evaluation – A shift from quantitative to qualitative techniques**” funded by RUSA 2.0 under component-8 on 5<sup>th</sup> December, 2019 organized by examination committee, t-Tips and research wing.
12. Dr. K.V.Padmavathi attended 33<sup>rd</sup> Biennial Conference of Home Science Association of India (HSAI) on “**Trends for Futuristic Development in Home Science: Research and Innovation**” held from 22<sup>nd</sup> to 24<sup>th</sup> January, 2020.

## GUEST LECTURES DELIVERED BY FACULTY MEMBERS

1. Dr. K.Rani gave a lecture on “**Parameters of NAAC**” to mentee colleges of **PARAMARSH** on 30<sup>th</sup> September, 2019.
2. Dr. K.Rani gave a lecture on “**Launching of Committees and Cells**” to mentee colleges of **PARAMARSH** on 22<sup>nd</sup> October, 2019.
3. Dr. K.V.Padmavathi enlighten Junior faculty on the topic “**Team Work**” on 9<sup>th</sup> June, 2019.
4. Dr. M.Padmaja gave a talk on “**General Facilities of the College**” for PG I year students on 1<sup>st</sup> July, 2019.
5. On November 16<sup>th</sup>, 2019, Dr.K.Rani gave a talk in PARAMARSH meeting on the topic “**Formation of IQAC-NAAC criteria**”.
6. On 2<sup>nd</sup> November, 2019, Dr.M.Padmaja gave a talk on “**Awareness about Nutrition Food**” on the occasion of Nutrition Day Celebrations, organized by Sri Chaitanya Techno School, Eluru.
7. On December 16<sup>th</sup>, 2019, Dr.M.Padmaja visited to Aditya Degree College, Eluru as a part of PARAMARSH PROGRAME.
8. On January 3<sup>rd</sup>, 2020, Dr.K.Rani visited to Prakasam Degree College, Koyyalagudem as a part of PARAMARSH PROGRAME.



## **STAFF PARTICIPATION**

1. Dr. K.Rani attended as an external member for Project Viva in Psychology Board on 19<sup>th</sup> July, 2019.
2. Dr. M.Padmaja attended BOS meeting for PG Clinical Nutrition at AKNU, on 4<sup>th</sup> April, 2019.
3. Dr. M.Padmaja attended as an external member for Project Viva in Nutrition Board on 19<sup>th</sup> July, 2019.
4. Dr. M.Padmaja attended as an external member for Project Viva in Nutrition Board on 19<sup>th</sup> July, 2019.
5. Mrs.P.S.Bhanu Prasanna attended as an external member for Project Viva in Psychology Board on 19<sup>th</sup> July, 2019.
6. Dr. M.Padmaja acted as judge for Miss Fresher Competition on 16<sup>th</sup> July 2019.
7. Ms. T. Jhansi Lakshmi, Ms.M.Priyanka were judges for Low Cost Recipe Contest for Lactating Mother held on 2<sup>nd</sup> August, 2019, organized by Dept of PG Clinical Nutrition as a part of Breast Feeding Week.
8. Dr. K.Rani was one of the judges for Recipe Contest held on 4<sup>th</sup> Sep, 2019, organized by Dept of Applied Sciences as a part of Nutrition Week.
9. Dr.M.Padmaja, Lecturer in Home Science attended Board of Studies Meeting as subject expert on 9<sup>th</sup> December 2019 at Maris Stella College, Vijayawada.
10. Dr. K. V. Padmavathi, Dr. K. Rani and Dr. M. Padmaja, Mrs. P. S. Bhanu Prasanna and Ms. T. Jhansi Lakshmi were involved in conducting Mehandi Academia Competition at College level.

11. Dr. K. Rani, Dr. M. Padmaja chaired as Rapporteur in “International Conference on Latest Research in Global Warming, Climate Change, Agriculture and Life Sciences Malaysia 2020” at university of Malaya, Kuala Lumpur on 9<sup>th</sup> and 10<sup>th</sup> January 2020.
12. Dr. M. Padmaja served as Rapporteur in “International Forum on “Recent Trends in Physics, Chemistry and Allied Sciences” on 27<sup>th</sup> and 29<sup>th</sup> September, 2019 organized by Dept. of Physics and Chemistry.
13. Dr. M. Padmaja, Lecturer in Home Science attended Board of Studies Meeting as subject expert on 3<sup>rd</sup> March, 2020 at Maris Stella College, Vijayawada.

## **LOCAL VISITS AND EDUCATIONAL TOUR**

- ✚ II B.Sc H.Sc students visited Anganwadi centre, located at Sri Ram Nagar Road, Eluru on 7<sup>th</sup> August, 2019. Students came to know about the ongoing programmes of Women and Child Welfare Department from the Anganwadi Instructor. They even came to know about the immunization schedule which is being practiced in the recent years for infants.
- ✚ III B.Sc H.Sc students visited Mandal Upper Primary School at Kandrikagudem on 7<sup>th</sup> September, 2019.
- ✚ From 13<sup>th</sup> November, 2019 to 21<sup>st</sup> November, 2019, Dr. K. V. Padmavathi and Ms. Kritika Jain of III. B.Sc. H.Sc went to Thailand, as a part of International Exchange Programme under RUSA.
- ✚ From 7<sup>th</sup> January, 2020 to 12<sup>th</sup> January, 2020, Dr. K. Rani, Dr. M. Padmaja, Mrs P. S. Bhanu Prasanna and Ms. T. Jhansi Lakshmi went to Malaysia, as a part of

International Exchange Programme under RUSA and Faculty Development Program.

- ✚ III B.Sc H.Sc students visited Euro-kids Primary School at Satrampadu, Eluru on 11<sup>th</sup> February, 2020.
- ✚ II B.Sc H.Sc students visited Premalayam Oldage home at Eluru on 10<sup>th</sup> February, 2020.
- ✚ II B.Sc H.Sc students visited Government children home for boys at Sanivarapeta, Eluru on 12<sup>th</sup> February, 2020

## BEST PRACTICES

- 1. Earn While You Learn** In the month of May, 2019 our II B.Sc H.Sc student B.Kiranmayi has earned Rs.2700/- by embellishing sarees with Screen Printing and by preparing greeting card.
  
- 2. Cottage Stay:**Final year Home Science students underwent cottage stay experience in three batches. The duration of the programme was from 9<sup>th</sup> November, 2019 to 29<sup>th</sup> November, 2019. The main objective of cottage stay was group living, decision making, account keeping and management of available resources. Students performed various duties such as Cook, Maid, Waitress, Hostess, Treasurer and their assistants during the stay.
  
- 3. Canteen experience:** III B.Sc. H.Sc students were given a canteen experience of organizing ‘Nutri-Eatery’ low cost and nutritious recipe preparation on 3<sup>rd</sup>, August, 2019. The students were encouraged to prepare 10 different items and were able to gain marketing skills and quantity cooking. The experience makes

them to learn techniques of doing business to empower themselves. Students have earned Rs.5,000/- profit.

**4. Remedial teaching** Academically weak students are given an opportunity to attend remedial classes after the college time to improve their academic performance. Staff had given personal attention for the students in need of any help with regard to their studies. They are also encouraged for peer group learning.

**5. Sponsorship** Gold and silver medals are sponsored by the Home science staff for the Home science students.

**ALUMNI**

S.NO	NAME OF THE STUDENT	PLACED AT / STUDYING AT/TRAINED AT
1	T. Raja Rajeswari	
2	Sai Anjali.P	Pursuing Diploma at St. Theresa's College, Eluru.
3	Sk. Reshma	Pursuing PG at AKNU, Guntur.
4	Manasa R. L.K	Pursuing Fashion Designing at Bangalore
5	Durga Bhavani. K	Pursuing Diploma at St. Theresa's College, Eluru.
6	N.V. S.Vijaya Lakshmi. G	Pursuing Diploma at St. Theresa's College, Eluru
7	Lakshmi Prasanna.P	
8	Jyothsna Devi .G	Pursuing PG at St. Theresa's College, Eluru.
9	Sailaja. I	Pursuing PG at St. Theresa's College, Eluru.
10	Surekha. P	
11	G. Tara.V.S.N.L	Pursuing PG at St. Joseph's College, Vizag
12	A.N.Satya Divya	
13	Jhansi Rani. B	Pursuing PG at AU, Vizag
14	Asha Kiran. T	
15	Komali.V	Pursuing Fashion Designing at Bangalore
16	Srihitha Divya. Ch	Pursuing PG at St. Theresa's College, Eluru.
19	Samyuktha.G	Pursuing PG at St. Joseph's College, Vizag
18	Nirmala Jyothi.M	
19	Divya Naga Lakshmi .P	
20	Durga Sowjanya.M	Pursuing PG at St. Joseph's College, Vizag
21	T.V.Sudha Sruthi	Pursuing PG at Chennai
22	Mounika.P	

23

Bhanu.R

Pursuing PG at Avinashlingam University,  
Coimbatore.

Out of 23 students 12 students are doing PG in universities and three students are pursuing Diploma.

## PUBLICATIONS

- ✚ Dr. K. V. Padmavathi, “Education-A Channel For Women Empowerment” in Journal of Emerging Technologies and Innovative Research (JETIR), Volume – 6, Issue – 5, ISSN NO: 2349-5162. March 2019, Pg. No: 103-107.
- ✚ Dr. K. V. Padmavathi, “Safety of Women – Indian Scenario” in Journal of Emerging Technologies and Innovative Research (JETIR), Volume – 6, Issue – 3, ISSN NO: 2349-5162. March 2019.
- ✚ Dr. K. V. Padmavathi, “Plight of Elderly” in International Journal of Research, Volume – VIII, Issue – V, ISSN NO: 2236-6124, Impact Factor 5.7. Scopus suggested journal ID: 10J6CF07B9446F97. May-SP-2019, Pg. No: 41-53.
- ✚ Dr. K. V. Padmavathi, “Welfare Schemes For The Elderly” in International Journal of Research, Volume – VIII, Issue – V, ISSN NO: 2236-6124, Impact Factor 5.7. Scopus suggested journal ID: 10J6CF07B9446F97, May-SP-2019, Pg. No: 108-121.
- ✚ Dr. K. V. Padmavathi, “Prevalence and Clinical Characters of Vitiligo-A Common Skin Disorder” in European Journal of Bio-Medical and

Pharmaceutical sciences, Volume – 6, Issue – 9, ISSN NO: 2349-8870, SJIF Impact Factor 4.918. <http://www.ejpbs.com>

✚ Dr. K. V. Padmavathi published a chapter “Dual Establishment-Views of Spouses And Children” in “Recent Trends in Physics, Chemistry & Allied Sciences”, Compiled and Published by Ch. S. D. St. Theresa’s College for Women (A), Eluru and IMRF Institute of Higher Education & Research, India, September, 2019. ISBN 978-93-86435-86-6, Pg. No: 256-262

✚ Dr. K. Rani, “Medical Textiles” in European Journal of Bio-Medical and Pharmaceutical sciences, Volume – 6, Issue – 9, ISSN NO: 2349-8870, SJIF Impact Factor 4.918. <http://www.ejpbs.com>

✚ Dr. K. Rani published a chapter “Nano-Textiles” in “Recent Trends in Physics, Chemistry & Allied Sciences” Compiled and Published by Ch. S. D. St. Theresa’s College for Women (A), Eluru and IMRF Institute of Higher Education & Research, India, September, 2019. ISBN 978-93-86435-86-6. Pg. No: 200-204

✚ Dr. M. Padmaja, published a chapter on the topic “Food and Agriculture-The Chemistry Inside” in “Recent Trends in Physics, Chemistry & Allied Sciences” Compiled and Published by Ch. S. D. St. Theresa’s College for Women (A), Eluru and IMRF Institute of Higher Education & Research, India, September, 2019. ISBN 978-93-86435-86-6. Pg. No: 251-255

✚ Dr. M. Padmaja, “Patient Safety: Error Reduction In Health Care” in European Journal of Bio-Medical and Pharmaceutical sciences, Volume – 6,

Issue – 9, ISSN NO: 2349-8870, SJIF Impact Factor 4.918.  
<http://www.ejpbs.com>

- ✚ Dr. K. V. Padmavathi ,“Education-Examination- Evaluation The Trio That Revolves Around The Thought” in Proceeding of National Seminar on Modern tools in Evaluation – A shift from Quantitative to Qualitative techniques organized by Examination cell sponsored by RUSA 2.0 on 15<sup>th</sup> December 2019.
- ✚ Dr. K. V. Padmavathi published a proceeding on the topic Nutraceuticals- Best supplement to recoup health in a National Seminar- Recent Trends in Functional Foods in the Context of Health and technology, organized by Department of Applied Biosciences funded by RUSA 2.0 Under Component 8 on 6<sup>th</sup> and 7<sup>th</sup> December 2019.
- ✚ Dr. K. V. Padmavathi published a paper on the topic Dual Establishment – views of Spouses and Children in “Recent Trends in Physics, Chemistry and Allied Sciences” on 27<sup>th</sup> and 29<sup>th</sup> September, 2019 organized by Dept. of Physics and Chemistry ISBN978-93-86435-86-6, Chapter 46.
- ✚ Dr. K. V. Padmavathi published a paper on the topic Women Empowerment through Media in an International Conference on “Impact of Gandhian Ideals on Socio-Economic, Cultural and Literary Aspects” on November 29<sup>th</sup> and 30<sup>th</sup> 2019 ISSN2349-1353, Arts & Education International Research Journal, Volume-6.
- ✚ Dr. K. V. Padmavathi published a paper on the topic Judicial Safe Guards For Women And Children in an International Conference on “Impact of Gandhian



Ideals on Socio-Economic, Cultural and Literary Aspects” on November 29<sup>th</sup> and 30<sup>th</sup> 2019 ISSN2349-1353, Arts & Education International Research Journal, Volume-6.

- ✚ Dr. K. V. Padmavathi published a proceeding on the topic Gender Equality in an International Conference multidisciplinary academic research Thailand 2019, Organised by IMRF Institute of Higher Education & Research Thai Chapter at Asian Institute of Technology Conference Centre, Bangkok, Thailand on November 15<sup>th</sup> and 16<sup>th</sup> 2019.
- ✚ Dr. K. Rani published a proceeding on the topic “Innovative Evaluation Techniques & Learning Outcome” in an National seminar on Modern tools in Evaluation – A shift from Quantitative to Qualitative techniques organized by Examination cell sponsored by RUSA 2.0 on 15<sup>th</sup> December 2019.
- ✚ Dr. M. Padmaja published a proceeding on the topic “Examination and Evaluation in present day scenario” in an National seminar on Modern tools in Evaluation – A shift from Quantitative to Qualitative techniques organized by Examination cell sponsored by RUSA 2.0 on 15<sup>th</sup> December 2019.
- ✚ Mrs. P. S. Bhanu Prasanna ,“Slow Learners- Evaluation Techniques” in Proceeding of National Seminar on Modern tools in Evaluation – A shift from Quantitative to Qualitative techniques organized by Examination cell sponsored by RUSA 2.0 on 15<sup>th</sup> December 2019.
- ✚ Dr. K. Rani, “Functional Foods and Intestinal Health” in Proceedings of National Seminar- Recent Trends in Functional Foods in the Context of Health and technology, organized by Department of Applied Biosciences funded by RUSA 2.0 Under Component 8 on 6<sup>th</sup> and 7<sup>th</sup> December 2019.
- ✚ Dr. M.Padmaja, “Bioactive Compounds in Spices – Beneficial Effects on Health ” in Proceedings of National Seminar- Recent Trends in Functional Foods in the Context of Health and technology, organized by Department of

Applied Biosciences funded by RUSA 2.0 Under Component 8 on 6<sup>th</sup> and 7<sup>th</sup> December 2019.

- ✚ Dr. K. Rani published a paper on the topic “Gandhian Nai Talim” an International Conference on “Impact of Gandhian Ideals on Socio-Economic, Cultural and Literary Aspects” on November 29<sup>th</sup> and 30<sup>th</sup> 2019 ISSN2349-1353, Arts & Education International Research Journal, Volume-6.
- ✚ Dr. M.Padmaja published a paper on the topic “Gandhian Vegetarian Diet-Secret behind health” in an International Conference on “Impact of Gandhian Ideals on Socio-Economic, Cultural and Literary Aspects” on November 29<sup>th</sup> and 30<sup>th</sup> 2019 ISSN2349-1353, Arts & Education International Research Journal, Volume-6.
- ✚ Dr. K.V.Padmavathi published a proceeding on the topic “Gender Equality” in an International Conference multidisciplinary academic research Thailand 2019, Organized by IMRF Institute of Higher Education & Research Thai Chapter at Asian Institute of Technology Conference Centre, Bangkok, Thailand on November 15<sup>th</sup> and 16<sup>th</sup> 2019.
- ✚ Dr. K.Rani published a proceeding on the topic “Geo Textiles” in an International Conference multidisciplinary academic research Thailand 2019, Organized by IMRF Institute of Higher Education & Research Thai Chapter at Asian Institute of Technology Conference Centre, Bangkok, Thailand on November 15<sup>th</sup> and 16<sup>th</sup> 2019.
- ✚ Dr.M. Padmaja published a proceeding on the topic “Balanced Diet – A Healthy way for you” in an International Conference multidisciplinary academic research Thailand 2019, Organised by IMRF Institute of Higher Education & Research Thai Chapter at Asian Institute of Technology Conference Centre, Bangkok, Thailand on November 15<sup>th</sup> and 16<sup>th</sup> 2019.

- ✚ Dr. K.V.Padmavathi published a paper on “Food Safety – Is It Not Every Household’s Responsibility?” in ICSSR-SRC Sponsored two day National Seminar on “Women: The Key to Ensure Food Security” organized by Women Empowerment Cell (Under UGC-Women Studies Centre) K.B.N.College, Vijayawada on 27<sup>th</sup> and 28<sup>th</sup> December, 2019.
- ✚ Dr. K.Rani published a proceeding on the topic “Popular Kalamkari Art of Andhra Pradesh” in an International Conference Malaysia 2020, Organised by International Multidisciplinsry research foundation, Malaysia Chapter, IMRF Institute of Higher Education & Research, India, International Institute of Management , Australia, on January 9<sup>th</sup> and 10<sup>th</sup> 2020.
- ✚ Dr. M.Padmaja published a proceeding on the topic “ Supplementation of Iron , Protein and Vitamin C, to the identified Anaemic Adolescent Girls” in an International Conference Malaysia 2020, Organised by International Multidisciplinsry research foundation, Malaysia Chapter, IMRF Institute of Higher Education & Research, India, International Institute of Management , Australia, on January 9<sup>th</sup> and 10<sup>th</sup> 2020.
- ✚ Mrs. P.S.Bhanu Prasanna published a proceeding on the topic “Infant Stimulation” in an International Conference Malaysia 2020, Organised by International Multidisciplinsry research foundation, Malaysia Chapter, IMRF Institute of Higher Education & Research, India, International Institute of Management , Australia, on January 9<sup>th</sup> and 10<sup>th</sup> 2020.
- ✚ Ms.T.Jhansi Lakshmi published a proceeding on the topic “Government Schemes for the benefit of Women and Girl Child” in an International Conference Malaysia 2020, Organised by International Multidisciplinsry research foundation, Malaysia Chapter, IMRF Institute of Higher Education & Research, India, International Institute of Management , Australia, on January 9<sup>th</sup> and 10<sup>th</sup> 2020.

## PROJECT WORK

This year III B.Sc, Home science students successfully completed 6 projects out of which 3 are individual projects and 3 are group projects. Viva voce was conducted on 19<sup>th</sup> July , 2019. External members of the board were Major. Dr. P. M. Celine Rose, Dept. of Physical Education, and Mrs. K. Beaulah Swarupa, Dept. of English of Ch. S. D. St. Theresa's College. Internal members were Dr.K.V.Padmavathi, Ms. T. Jhansi Lakshmi.

Dr. K. Rani, Dr. M. Padmaja and Mrs. P. S. Bhanu Prasanna was external members of other boards.

### Project Titles:

- ✚ Obesity in Adolescents
- ✚ Involvement of Adolescents in Household Chores
- ✚ Food Adulteration
- ✚ Adolescents Interests in Online Shopping
- ✚ Batik Printing
- ✚ Long Frocks

### BOS MEETING

Meeting of the Board of Studies in Home Science was held on Saturday, 07.03.2020 at 2.00p.m.in the Home Science Department.

## **MEMBERS:**

### **University Nominee:**

1. Dr. Y. Lakshmi Prabha,  
Head, Dept of Home Science, St. Joseph's College for Women (A)  
Visakhapatnam.

### **External Member:**

2. Mrs. G.Sucharitha,  
Lecturer in Garment Technology, Govt. Polytechnic College, Guntur.

### **Internal Members:**

3. Dr. K.V.Padmavathi
4. Dr. K. Rani
5. Dr. M. Padmaja
6. Mrs.P.S.Bhanu Prasanna
7. Ms.T. Jhansi Lakshmi
8. Ms. G. Fathima

### **Students:**

9. B.Suneela, III B.Sc. H.Sc.
10. B.Kiranmayi, II B.Sc. H.Sc

### **Resolutions:**

After thorough review of the syllabus the board felt that syllabus is highly satisfactory and hence suggested to continue during the forthcoming academic year. However the following suggestions are made by the members:

- Internships can be further continued as per the practice.
- Students expressed that it would be beneficial, if they are exposed to Industrial visits in Textiles and Clothing.
- Experts suggested to plan for Educational Tour to Home science students towards Ramoji Film City as it has got many applications for Home Science course.

**DEPARTMENT OF HOMESCIENCE**  
**PLAN OF WORK FOR THE ACADEMIC YEAR 2020-2021**  
**FIRST SEMESTER**

<b>S.NO</b>	<b>DATE</b>	<b>ACTIVITY</b>
<b>1</b>	<b>June,2019</b>	Extending welcome for III & II year students and reorienting them with rules and regulations to be followed for better performance
<b>2</b>	<b>June,2019</b>	Commencing the activities with departmental meeting and decided to conduct weekly departmental meetings
<b>3</b>	<b>June,2019</b>	Extending welcome for I year students and reorienting them with rules and regulations to be followed for better performance
<b>4</b>	<b>June,2019</b>	<b>Orientation</b> about Home Science Club and elections
<b>5</b>	<b>July,2019</b>	<b>Workshop</b> for all the Home Science
<b>6</b>	<b>July, 2019</b>	<b>Home Science Club</b> Inaugural function
<b>7</b>	<b>August, 2019</b>	<b>World Breast Feeding week</b> celebrations
<b>8</b>	<b>August, 2019</b>	<b>Knowledge Extension Programme</b> by <b>Dr.M.Padmaja</b> ward students at the college level
<b>9</b>	<b>September, 2019</b>	<b>National Nutrition week</b> celebrations
<b>10</b>	<b>September, 2019</b>	<b>Food service centre</b> by all the Home Science Final Year students

**DEPARTMENT OF HOMESCIENCE**  
**PLAN OF WORK FOR THE ACADEMIC YEAR 2020-2021**  
**SECOND SEMESTER**

S.NO	DATE	ACTIVITY
1	Nov., 2019	<b>Work shop</b> for all the Home science students in <b>Human Development</b>
2	Nov., 2019	<b>Cottage stay</b> experience for all the Home science final year students
3	Nov., 2019	<b>Work shop</b> for all the Home Science students in <b>Food and Nutrition</b>
4	Dec.,2019	<b>Work shop</b> for all the Home science students in Tie and Dye making
5	Dec., 2019	Departmental <b>Christmas</b> celebrations
6	Jan., 2020	<b>Local field visits</b> for all the all the Home science students
7	Jan., 2020	<b>Field trip</b> for all the Home science students
8	Jan., 2020	<b>Board of studies meeting</b> during morning session
9	Feb., 2020	<b>‘Akarsh’ - Home science club Valedictory</b>

Home science Department is able to execute the annual plan of the academic year 2019-2020 successfully due to the commitment and dedication put forth by the entire faculty in various respects to achieve academic excellence.

**Dr.K.V.Padmavathi, Head of the department** as Incharge of Departmental Library and Album

**Dr.K.Rani** as Incharge of Examinations and Accounts

**Dr.M.Padmaja** as the President of the Home Science Club,

**Mrs.P.S.Bhanu Prasanna** as the Secretary of the department, played their roles fruitfully.

**Ms.T.Jhansi Lakshmi** is specially appreciated for her sincerity in sending the News letter information and playing important roles in the department.

**Ms.Fathima** is so admired for her timely help in updating of the files in the department.

**May the Lord Almighty** bless each of us for our unconditional services extended at college level

**Dr.K.V.Padmavathi** as Co-ordinator of Women Studies Centre,\*\*\*

**Dr.K.Rani** as Secretary IQAC, Member of Examination Committee, RUSA\*\*\*

**Dr.M.Padmaja** as the member of Research wing, member of IQAC, member of editorial board STC-Scholars vision.

We place on record our appreciation to our lab assistant **Mrs.S.Annapurna & Mrs.Lakshmi** for their dedicated service with utmost patience.

We, the Faculty together wholeheartedly extend our due respect and sincere thanks to our beloved **Principal Dr.Sr.Marietta D'Mello** for her continuous support, guidance and appreciation in all our endeavors.